

# 屈臣氏田徑會

## 女子歷史十傑



### 100 METRES 100米

|    |     |                    |       |      |            |
|----|-----|--------------------|-------|------|------------|
| 1  | 伍嘉儀 | Ng Ka Yi, Justina  | 11.86 | 2.0  | 30/4/1989  |
| 2  |     | Armentrout Natalie | 12.13 | 1.0  | 28/5/2006  |
| 3  | 梁巧詩 | Leung Hau Sze      | 12.15 | 1.1  | 28/5/2006  |
| 4  | 彭學敏 | Pang Hok Man       | 12.26 | 1.9  | 28/3/2004  |
| 5  | 鄧宛珊 | Tang Uen Shan      | 12.28 | 1.3  | 8/7/2007   |
| 6  | 梁淑華 | Leung Shuk Wa      | 12.30 | 0.8  | 17/4/2005  |
| 7  | 汪曉茵 | Wong Hiu Yan       | 12.31 | -0.4 | 16/3/2007  |
| 8  |     | Balani Chantal     | 12.33 | 1.0  | 2-3/7/1999 |
| 9  | 許文玲 | Hui Man Ling       | 12.34 | 1.8  | 6/5/2007   |
| 10 | 孟嘉儀 | Mang Ka Yee        | 12.35 | 1.2  | 18/5/1997  |



( Armentrout Natalie )

### 200 METRES 200米

|    |     |                    |       |     |            |
|----|-----|--------------------|-------|-----|------------|
| 1  | 梁巧詩 | Leung Hau Sze      | 24.36 | 0.9 | 27/5/2006  |
| 2  | 伍嘉儀 | Ng Ka Yi           | 24.68 |     | 29/4/1993  |
| 3  |     | Armentrout Natalie | 24.86 | 0.9 | 27/5/2006  |
| 4  |     | Balani Chantal     | 25.15 |     | 2-3/7/1999 |
| 5  |     | Sarah Shuttleworth | 25.16 | 0.0 | 7/7/2001   |
| 6  | 許文玲 | Hui Man Ling       | 25.64 | 0.7 | 10/3/2006  |
| 7  | 彭學敏 | Pang Hok Man       | 25.71 | 1.4 | 14/2/2004  |
| 8  | 鄧宛珊 | Tang Uen Shan      | 25.73 | 0.8 | 9/6/2007   |
| 9  | 張雯璐 | Cheung Man Lo      | 25.77 |     | 7/5/1995   |
| 10 |     | Tcheong Teresinha  | 25.92 | 1.8 | 12/3/1995  |



( 梁巧詩 )

### 400 METRES 400米

|    |     |                    |         |  |           |
|----|-----|--------------------|---------|--|-----------|
| 1  |     | Sarah Shuttleworth | 55.92   |  | 7/7/2001  |
| 2  |     | Choi Hiu Nam       | 58.74   |  | 31/8/1995 |
| 3  | 梁巧詩 | Leung Hau Sze      | 59.38   |  | 6/11/2005 |
| 4  |     | Davis Eleanor      | 59.57   |  | 12/6/1993 |
| 5  | 莊姍姍 | Chong Shan Shan    | 59.77   |  | 25/4/2004 |
| 6  | 許文玲 | Hui Man Ling       | 59.92   |  | 10/3/2006 |
| 7  |     | Sheryl Van Tassel  | 59.94   |  | 24/5/1992 |
| 8  |     | Amie Shuttleworth  | 1'00.16 |  | 23/1/2000 |
| 9  | 張寧  | Cheung Ling        | 1'00.24 |  | 14/4/1996 |
| 10 | 盧穎熹 | Lo Wing Hei        | 1'00.33 |  | 21/1/2007 |



( 莊姍姍 )

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## 女子歷史十傑



### 800 METRES 800米

|    |     |                    |         |            |
|----|-----|--------------------|---------|------------|
| 1  |     | Amie Shuttleworth  | 2'13.93 | 10/9/2000  |
| 2  | 陳敏儀 | Chan Man Yee       | 2'14.04 | 23/3/1996  |
| 3  |     | Sarah Shuttleworth | 2'15.76 | 9/3/2001   |
| 4  | 盧穎熹 | Lo Wing Hei        | 2'15.89 | 14/1/2006  |
| 5  |     | Sheryl Van Tassel  | 2'19.57 | 15/6/1992  |
| 6  |     | Bella Clayton      | 2'22.00 | 23/9/1994  |
| 7  | 鍾子欣 | Chung Tsz Yan      | 2'22.62 | 2/6/2007   |
| 8  | 姚慧君 | Yiu Wai Kwan       | 2'22.68 | 16/9/2001  |
| 9  | 余瑞雪 | Yu Sue Suet        | 2'23.86 | 17/5/1996  |
| 10 | 嚴之曉 | Yim Chi Hiu        | 2'24.41 | 17/11/2001 |



(盧穎熹)

### 1500 METRES 1500米

|    |     |                    |         |           |
|----|-----|--------------------|---------|-----------|
| 1  | 陳敏儀 | Chan Man Yee       | 4'21.60 | 8/7/1999  |
| 2  |     | Amie Shuttleworth  | 4'42.57 | 12/2/2000 |
| 3  | 趙碧君 | Chiu Pik Kwan      | 4'45.33 | 23/3/1991 |
| 4  | 姚慧君 | Yiu Wai Kwan       | 4'55.09 | 1/12/2001 |
| 5  | 盧穎熹 | Lo Wing Hei        | 4'56.47 | 28/5/2006 |
| 6  | 余瑞雪 | Yu Sue Suet        | 4'58.28 | 5/10/1996 |
| 7  |     | Sarah Shuttleworth | 4'59.98 | 12/2/2000 |
| 8  |     | Madsen Maria       | 5'02.16 | 5/3/2003  |
| 9  | 嚴之曉 | Yim Chi Hiu        | 5'03.72 | 24/3/2002 |
| 10 |     | Sheryl Van Tassel  | 5'05.78 | 12/7/1992 |



(陳敏儀)

### 5000 METRES 5000米

|    |     |                 |          |            |
|----|-----|-----------------|----------|------------|
| 1  | 陳敏儀 | Chan Man Yee    | 15'45.87 | 3/5/2002   |
| 2  | 伍麗珠 | Ng Lai Chu      | 17'53.45 | 12/3/1995  |
| 3  | 趙碧君 | Chiu Pik Kwan   | 18'00.12 | 27/12/1992 |
| 4  | 羅曼兒 | Lo Man Yi       | 18'14.23 | 15/6/1992  |
| 5  | 邱其恩 | Yau Rebecca     | 18'33.20 | 8/7/2007   |
| 6  | 吳希雯 | Ng Hei Man      | 18'54.98 | 3/2/2007   |
| 7  | 余瑞雪 | Yu Sue Suet     | 19'05.06 | 7/1/1996   |
| 8  | 張庭欣 | Cheung Ting Yan | 19'17.73 | 20/1/2007  |
| 9  | 麥素寧 | Mak So Ling     | 19'27.93 | 19/3/2005  |
| 10 | 姚慧君 | Yiu Wai Kwan    | 19'40.54 | 17/11/2001 |



(麥素寧)

# 屈臣氏田徑會

## 女子歷史十傑



### 10000 METRES 10000米

|    |     |                |          |            |
|----|-----|----------------|----------|------------|
| 1  | 陳敏儀 | Chan Man Yee   | 32'39.88 | 19/4/2002  |
| 2  | 羅曼兒 | Lo Man Yi      | 37'32.47 | 16/6/1991  |
| 3  | 伍麗珠 | Ng Lai Chu     | 38'04.13 | 27/4/1993  |
| 4  | 吳希雯 | Ng Hei Man     | 39'34.86 | 4/2/2007   |
| 5  | 張詩琳 | Cheung Sze Lam | 42'27.42 | 17/11/2002 |
| 6  | 余瑞雪 | Yu Sue Suet    | 43'07.58 | 15/4/2001  |
| 7  | 姚慧君 | Yiu Wai Kwan   | 43'08.49 | 15/4/2001  |
| 8  |     | Ng Wing Bun    | 43'17.39 | 16/6/1991  |
| 9  | 黎玉琦 | Lai Yuk Ki     | 43'59.93 | 13/4/2003  |
| 10 | 楊美倫 | Yeung Mei Lun  | 44'20.91 | 5/6/2005   |



(Lo Man Yi)

### MILE 一哩

|    |     |                   |         |            |
|----|-----|-------------------|---------|------------|
| 1  | 陳敏儀 | Chan Man Yee      | 4'58.91 | 9/12/1994  |
| 2  | 伍麗珠 | Ng Lai Chu        | 5'22.70 | 28/12/1990 |
| 3  | 趙碧君 | Chiu Pik Kwan     | 5'26.00 | 14/2/1992  |
| 4  | 莊翠鳳 | Chong Cheuk Fung  | 5'28.94 | 9/12/1997  |
| 5  |     | Duckham Rachel    | 5'38.60 | 5/2/1993   |
| 6  | 陳佩珊 | Chan Pui Shan     | 5'42.70 | 4/2/1994   |
| 7  |     | Amie Shuttleworth | 5'45.22 | 22/2/1997  |
| 8  | 余瑞雪 | Yu Sue Suet       | 5'50.56 | 6/1/1995   |
| 9  | 王慧芝 | Wong Wai Chi      | 5'51.67 | 14/1/1994  |
| 10 | 吳希雯 | Ng Hei Man        | 5'54.50 | 6/1/1995   |



(陳佩珊)

### 10 KM 十公里 (公路賽)

|    |     |                  |       |            |
|----|-----|------------------|-------|------------|
| 1  | 陳敏儀 | Chan Man Yee     | 34'25 | 3/1/1999   |
| 2  | 伍麗珠 | Ng Lai Chu       | 36'28 | 1/1/1998   |
| 3  | 卓素玲 | Toh So Liang     | 37'07 | 1/3/1998   |
| 4  | 趙碧君 | Chiu Pik Kwan    | 37'25 | 28/2/1999  |
| 5  | 羅曼兒 | Lo Man Yi        | 38'37 | 1/1/1998   |
| 6  | 盧穎熹 | Lo Wing Hei      | 38'57 | 20/11/2005 |
| 7  | 麥素寧 | Mak So Ling      | 39'33 | 20/11/2005 |
| 8  | 吳希雯 | Ng Hei Man       | 39'43 | 12/2/2006  |
| 9  | 張庭欣 | Cheung Ting Yan  | 40'02 | 20/11/2005 |
| 10 |     | Bailey Christine | 40'08 | 31/12/2000 |



(卓素玲)

# 屈臣氏田徑會

## 女子歷史十傑



### 15 KM 十五公里 (公路賽)

|    |     |                 |         |            |
|----|-----|-----------------|---------|------------|
| 1  | 卓素玲 | Toh So Liang    | 1:01'02 | 22/1/2006  |
| 2  | 范瑞萍 | Fan Sui Ping    | 1:05'04 | 28/1/2007  |
| 3  | 麥素寧 | Mak So Ling     | 1:05'37 | 28/1/2007  |
| 4  | 楊美倫 | Yeung Mei Lun   | 1:05'40 | 21/12/2003 |
| 5  | 張庭欣 | Cheung Ting Yan | 1:06'28 | 22/1/2006  |
| 6  | 呂淑嫻 | Lui Shuk Han    | 1:06'41 | 19/12/2004 |
| 7  | 關錦兒 | Kwan Kimberly   | 1:09'24 | 28/1/2007  |
| 8  | 陳佩珊 | Chan Pui Shan   | 1:10'37 | 21/12/2003 |
| 9  | 陳嘉敏 | Chan Ka Man     | 1:10'40 | 22/1/2006  |
| 10 | 陳嘉雯 | Chan Ka Man     | 1:12'48 | 28/1/2007  |



(陳嘉雯)

### Half Marathon 半馬拉松

|    |     |                |         |           |
|----|-----|----------------|---------|-----------|
| 1  | 陳敏儀 | Chan Man Yee   | 1:14'22 | 3/2/2002  |
| 2  | 伍麗珠 | Ng Lai Chu     | 1:21'26 | 10/1/1999 |
| 3  | 卓素玲 | Toh So Liang   | 1:23'28 | 8/1/2006  |
| 4  | 趙碧君 | Chiu Pik Kwan  | 1:25'18 | 10/1/1999 |
| 5  | 范瑞萍 | Fan Sui Ping   | 1:27'32 | 7/1/2007  |
| 6  | 張詩琳 | Cheung Sze Lam | 1:28'34 | 16/2/2003 |
| 7  |     | Mizue Nagai    | 1:33'20 | 10/1/1999 |
| 8  | 楊美倫 | Yeung Mei Lun  | 1:33'23 | 18/1/2004 |
| 9  | 陳佩珊 | Chan Pui Shan  | 1:33'44 | 24/2/2002 |
| 10 | 姚慧君 | Yiu Wai Kwan   | 1:40'16 | 13/1/2002 |



(楊美倫)

### Marathon 馬拉松

|   |     |                |         |           |
|---|-----|----------------|---------|-----------|
| 1 | 陳敏儀 | Chan Man Yee   | 2:35'49 | 24/4/2004 |
| 2 | 羅曼兒 | Lo Man Yi      | 2:49'01 | 28/4/1996 |
| 3 | 伍麗珠 | Ng Lai Chu     | 2:54'05 | 10/5/1998 |
| 4 | 范瑞萍 | Fan Sui Ping   | 3:01'14 | 15/4/2006 |
| 5 | 楊美倫 | Yeung Mei Lun  | 3:20'55 | 16/2/2003 |
| 6 | 張詩琳 | Cheung Sze Lam | 3:22'13 | 25/3/2006 |
| 7 | 黎玉琦 | Lai Yuk Ki     | 3:26'54 | 16/2/2003 |



(范瑞萍)

**100 METRES HURDLE 100米跨欄**

|    |     |                |       |     |           |
|----|-----|----------------|-------|-----|-----------|
| 1  | 張雯璐 | Cheung Man Lo  | 14.22 | 1.0 | 6/5/2007  |
| 2  | 梁淑華 | Leung Shuk Wa  | 14.27 | 0.4 | 17/4/2005 |
| 3  | 梁曉儀 | Leung Hiu Yee  | 14.55 | 1.8 | 4/2/2007  |
| 4  | 黃穎芯 | Wong Wing Sum  | 14.80 | 0.8 | 6/5/2007  |
| 5  | 馮美琪 | Fung Mei Ki    | 15.04 | 0.5 | 19/4/1998 |
| 6  | 羅麗妍 | Lo Wai Yin     | 15.10 | 1.0 | 31/1/1999 |
| 7  | 楊敏鳳 | Yeung Man Fung | 15.14 | 1.7 | 4/2/2007  |
| 8  | 李春妮 | Li Chun Lei    | 15.18 |     | 28/3/1993 |
| 9  | 郭靜然 | Kwok Ching Yin | 15.34 | 1.6 | 4/2/2007  |
| 10 | 彭安熙 | Pang On Hei    | 15.61 | 1.0 | 2/6/2002  |



(梁淑華)

**400 METRES HURDLE 400米跨欄**

|    |     |                |         |  |           |
|----|-----|----------------|---------|--|-----------|
| 1  | 張雯璐 | Cheung Man Lo  | 1'03.15 |  | 16/7/1995 |
| 2  | 馮美琪 | Fung Mei Ki    | 1'03.92 |  | 19/4/1998 |
| 3  | 蔡曉琳 | Choi Hiu Nam   | 1'04.70 |  | 16/5/1993 |
| 4  |     | Balani Chantal | 1'05.12 |  | 6/6/1999  |
| 5  | 劉麗霞 | Lau Lai Ha     | 1'05.13 |  | 20/5/2001 |
| 6  | 楊敏鳳 | Yeung Man Fung | 1'05.57 |  | 27/5/2006 |
| 7  | 梁南華 | Leung Nam Wah  | 1'06.75 |  | 27/5/2006 |
| 8  | 郭靜然 | Kwok Ching Yin | 1'07.85 |  | 18/3/2007 |
| 9  | 梁曉彤 | Leung Hiu Tung | 1'08.39 |  | 29/3/2003 |
| 10 | 杜婉儀 | To Yuen Yee    | 1'08.51 |  | 6/5/1990  |



(郭靜然)

**HIGH JUMP 跳高**

|    |     |                |       |  |           |
|----|-----|----------------|-------|--|-----------|
| 1  | 陳美迪 | Chan Mei Tik   | 1.71m |  | 20/2/2001 |
| 2  | 王敏婷 | Wong Man Ting  | 1.66m |  | 20/3/1994 |
| 2  | 梁慧芝 | Leung Wai Chi  | 1.66m |  | 12/3/2000 |
| 2  | 黃小萍 | Wong Siu Ping  | 1.66m |  | 16/3/2007 |
| 5  |     | Erin Choi      | 1.65m |  | 12/2/2000 |
| 6  |     | Yu Lu          | 1.63m |  | 28/3/1993 |
| 7  | 黃景虹 | Wong King Hung | 1.63m |  | 7/6/1998  |
| 8  | 馬秀英 | Ma Sau Ying    | 1.61m |  | 9/5/2004  |
| 9  | 陳嘉雯 | Chan Ka Man    | 1.60m |  | 22/2/1994 |
| 10 | 陳玲  | Chan Ling      | 1.60m |  | 11/3/2003 |



(陳美迪)

# 屈臣氏田徑會

## 女子歷史十傑



### LONG JUMP 跳遠

|    |     |               |       |     |            |
|----|-----|---------------|-------|-----|------------|
| 1  | 李春妮 | Li Chun Lei   | 6.02m |     | 16/4/1995  |
| 2  | 黎翠珊 | Lai Tsui Shan | 5.98m | 1.1 | 1/6/2003   |
| 3  | 汪曉茵 | Wong Hiu Yan  | 5.91m | 1.2 | 6/5/2007   |
| 4  | 謝孟芝 | Tse Mang Chi  | 5.74m | 0.5 | 6/5/2007   |
| 5  | 李寶凌 | Lee Po Ling   | 5.70m |     | 11/7/1994  |
| 6  | 梁淑華 | Leung Shuk Wa | 5.69m | 1.8 | 12/10/2003 |
| 7  | 陳綺琪 | Chan Yee Ki   | 5.63m | 1.2 | 3/3/1997   |
| 8  | 陳美迪 | Chan Mei Tik  | 5.52m | 0.7 | 24/10/2004 |
| 9  | 陳詠詩 | Chan Wing Sze | 5.50m |     | 11/6/1994  |
| 10 | 汪曉欣 | Wong Hiu Yan  | 5.47m | 2.0 | 1/3/2006   |



(汪曉茵)

### TRIPLE JUMP 三級跳遠

|    |     |               |        |      |            |
|----|-----|---------------|--------|------|------------|
| 1  | 李春妮 | Li Chun Lei   | 12.60m | 0.6  | 18/5/1997  |
| 2  | 謝孟芝 | Tsa Mang Chi  | 12.43m | 1.1  | 20/5/2006  |
| 3  | 李寶凌 | Lee Po Ling   | 12.05m | 0.7  | 18/11/1995 |
| 4  | 林定勤 | Lam Ting Kan  | 11.84m |      | 3/11/1996  |
| 5  | 陳美迪 | Chan Mei Tik  | 11.56m | -1.1 | 5/2/2005   |
| 6  | 任說誼 | Yam Yuet Yi   | 11.48m | -0.5 | 16/9/2001  |
| 7  | 丘鳳婷 | Yau Fung Ting | 11.47m | -0.9 | 13/4/2003  |
| 8  | 黃敏婷 | Wong Man Ping | 11.35m | -0.3 | 10/7/2004  |
| 9  | 高興  | Ko Hing       | 11.28m | 1.7  | 28/11/2004 |
| 10 | 陳詠詩 | Chan Wing Sze | 11.24m |      | 21/10/1995 |



(謝孟芝)

### POLE VAULT 撐竿跳高

|   |     |                      |       |  |           |
|---|-----|----------------------|-------|--|-----------|
| 1 | 江婉芬 | Kong Yuen Fan        | 2.90m |  | 13/7/2003 |
| 2 | 梁愷怡 | Leung Hoi Yee        | 2.80m |  | 13/7/2003 |
| 3 | 黃翠瑤 | Wong Chui Yiu Cheryl | 2.60m |  | 4/2/2007  |
| 4 | 王少清 | Wong Siu Ching       | 2.50m |  | 6/2/2005  |
| 5 | 曾恩慈 | Tsang Yan Chi        | 2.40m |  | 14/5/2000 |
| 6 | 鄭穎瑜 | Cheng Wing Yu        | 2.20m |  | 4/2/2007  |
| 7 | 廖慧雯 | Liu Wai Man          | 2.10m |  | 6/5/2001  |
| 8 | 林靜欣 | Lam Ching Yan        | 2.10m |  | 8/10/2000 |



(黃翠瑤)

# 屈臣氏田徑會

## 女子歷史十傑



### SHOT PUT 推鉛球

|    |     |                |        |            |
|----|-----|----------------|--------|------------|
| 1  | 田嘉賢 | Tin Ka Yin     | 12.57m | 18/7/2006  |
| 2  | 張蔚妍 | Cheung Wai Yin | 11.50m | 15/2/2004  |
| 3  |     | Yu Lu          | 11.43m | 17/12/1993 |
| 4  | 單可茵 | Sin Ho Yan     | 11.41m | 15/1/2005  |
| 5  | 林秀君 | Lam Sau Kwan   | 11.02m | 7/11/1999  |
| 6  | 馬文佳 | Ma Man Kaai    | 10.44m | 22/4/2006  |
| 7  | 梁綺薇 | Leung Yee Mei  | 10.38m | 12/12/1999 |
| 8  | 謝麗麗 | Tse Lai Lai    | 10.15m | 13/4/2003  |
| 9  | 梁競允 | Leung King Wan | 10.08m | 3/6/2007   |
| 10 | 劉素潔 | Lau So Kit     | 9.88m  | 19/4/1998  |



(田嘉賢)

### DISCUS THROW 擲鐵餅

|    |     |                |        |           |
|----|-----|----------------|--------|-----------|
| 1  | 陳宇寧 | Chan Yu Ning   | 36.47m | 15/1/2005 |
| 2  | 黃芷晴 | Wong Tsz Ching | 34.07m | 10/3/2006 |
| 3  | 林秀君 | Lam Sau Kwan   | 32.32m | 29/4/2007 |
| 4  | 黃芷欣 | Wong Tsz Yan   | 32.62m | 11/3/2005 |
| 5  | 李詠琳 | Lee Wing Lam   | 32.62m | 18/3/2007 |
| 6  | 胡詠彤 | Woo Wing Tung  | 32.50m | 16/3/2007 |
| 7  |     | Sophia Sayers  | 32.24m | 15/3/1996 |
| 8  | 單可茵 | Sin Ho Yan     | 32.05m | 19/3/2005 |
| 9  | 鄭婉儀 | Cheng Yuen Yee | 31.42m | 14/3/2003 |
| 10 | 馬文佳 | Ma Man Kaai    | 31.36m | 11/3/2005 |

### JAVELIN THROW 擲標槍

|    |     |                  |        |            |
|----|-----|------------------|--------|------------|
| 1  | 胡詠彤 | Woo Wing Tung    | 42.64m | 3/6/2006   |
| 2  | 張蔚妍 | Cheung Wai Yin   | 41.26m | 16/12/2001 |
| 3  | 劉旨琦 | Lau Tsz Ki       | 39.88m | 12/3/2004  |
| 4  |     | Yu Lu            | 39.62m | 28/3/1993  |
| 5  | 張淑婷 | Cheung Shuk Ting | 38.49m | 7/5/2006   |
| 6  |     | Florance Lai     | 38.48m | 9/3/1994   |
| 7  | 蔣頌恩 | Chiang Wing Yan  | 35.12m | 18/11/2001 |
| 8  | 關卓瑩 | Kwan Cheuk Ying  | 34.05m | 2/3/2005   |
| 9  |     | Alice Tai        | 33.76m | 14/4/1991  |
| 10 | 陳思余 | Chan Sze Yu      | 33.10m | 18/3/2007  |



(胡詠彤)

# 屈臣氏田徑會

## 女子歷史十傑



### HAMMER THROW 擲鏈球

|   |     |               |        |           |
|---|-----|---------------|--------|-----------|
| 1 | 林秀君 | Lam Sau Kwan  | 48.43m | 3/6/2007  |
| 2 | 黃雅萍 | Wong Nga Ping | 26.75m | 6/5/2007  |
| 3 | 陳思余 | Chan Sze Yu   | 23.18m | 3/6/2007  |
| 4 | 伍智盈 | Ng Chi Ying   | 21.38m | 12/3/2006 |
| 5 | 馮妍文 | Fung Yin Man  | 19.56m | 28/5/2006 |
| 6 | 李詠琳 | Lee Wing Lam  | 19.32m | 28/5/2006 |



(林秀君)

### HEPTATHLON 七項全能

|    |     |                |      |              |
|----|-----|----------------|------|--------------|
| 1  | 彭安熙 | Pang On Hei    | 3473 | 13-14/1/2001 |
| 2  | 吳淑珊 | Ng Shuk Shan   | 3325 | 23/10/2004   |
| 3  | 劉凱琳 | Lau Hoi Lam    | 3020 | 23/10/2004   |
| 4  | 馮懿德 | Fung Yee Tak   | 2967 | 1/11/2003    |
| 5  | 林秀君 | Lam Sau Kwan   | 2882 | 17/1/1999    |
| 6  | 招麗妍 | Chiu Lai Yin   | 2790 | 6-7/10/2001  |
| 7  | 梁曉彤 | Leung Hiu Tung | 2766 | 23/10/2004   |
| 8  | 陳玲  | Chan Ling      | 2710 | 23/10/2004   |
| 9  | 王少清 | Wong Siu Ching | 2550 | 18/1/2003    |
| 10 | 陳淑芝 | Chan Shuk Chi  | 2497 | 23/10/2004   |



(馮懿德)