

**香港田徑總會**  
**HONG KONG ASSOCIATION OF ATHLETICS AFFILIATES**  
 香港田徑系列賽2022 - 系列賽一

**Hong Kong Athletics Series 2022 – Series 1**

二零二二年一月二十二至二十三日 (星期六及日) - 灣仔運動場

22 - 23 January 2022 (Saturday & Sunday) - Wan Chai Sports Ground

**每日項目 Daily Event**

Day 1		Day 2	
Track	Field	Track	Field
M 100m W 100m M AYC Selection 100m W AYC Selection 100m M 400m W 400m M AYC Selection 400m W AYC Selection 400m M 1500m W 1500m M AYC Selection 1500m W AYC Selection 1500m W AYC Selection 3000m M 5000m W 10000m M 3000mSC W 3000mSC	M Long Jump W Long Jump M AYC Selection Long Jump W AYC Selection Long Jump W High Jump M AYC Selection High Jump M Pole Vault W Pole Vault M Discus Throw W Discus Throw M AYC Selection Discus Throw W AYC Selection Discus Throw W Javelin M AYC Selection Javelin	M 200m W 200m M AYC Selection 200m W AYC Selection 200m M 800m W 800m M AYC Selection 800m W AYC Selection 800m M AYC Selection 3000m W 5000m M 10000m M 110mH W 100mH M AYC Selection 110mH W AYC Selection 100mH M 400mH W 400mH M AYC Selection 400mH W AYC Selection 400mH M AYC Selection 2000mSC W AYC Selection 2000mSC	M Triple Jump W Triple Jump M AYC Selection Triple Jump W AYC Selection Triple Jump M High Jump W AYC Selection High Jump M Shot Put W Shot Put M AYC Selection Shot Put W AYC Selection Shot Put M Hammer Throw W Hammer Throw M AYC Selection Hammer Throw W AYC Selection Hammer Throw M Javelin W AYC Selection Javelin