

中長跑訓練班 2022

沙田 A 班 (11-12 月)

日期	11 月 1, 8, 15, 22, 29 12 月 6, 13, 20 (星期二 · 共 8 堂)	時間	18:30-20:30
地點	<u>沙田運動場</u>	參加年齡	2005-2011 年出生
名額	30 名 (先到先得)	費用	港幣 1120 元 (購買制服另加 50 元)
負責教練	王春榮女士	截止日期	2022 年 10 月 28 日
參加辦法	<ol style="list-style-type: none"> 填妥網上報名表格 (連結)。 付款方法： <ul style="list-style-type: none"> 支票：抬頭請寫 A.S. Watson Retail (H.K.) Limited 背面請寫上學員姓名，所報班別及聯絡電話。 然後寄到 沙田火炭禾寮坑路 1-5 號屈臣氏中心 8 樓屈臣氏田徑會 本會收到支票後將以電郵方式發送確認通知書，倘若閣下於截止日後一星期內仍未收到電郵通知，請向本會查詢。 		
查詢	電話 3521 6100 / 傳真 3525 1780 電郵 wac@aswatson.com Facebook 專頁 屈臣氏田徑會		
備註	<ul style="list-style-type: none"> ➤ 訓練班學員須知、惡劣天氣安排、健康風險級別安排、政府「安心出行」及「疫苗通行證」規定等，請瀏覽本會網頁 (連結)。 ➤ 在報名確認後，如欲更改或查詢你的個人資料，可與本會職員聯絡。私隱政策聲明，請瀏覽本會網頁 (連結)。 ➤ 確認通知電郵一經發出，不論任何原因，所有報名費用將不獲發還。 ➤ 因個人原因，惡劣天氣或市面特殊情況受影響的課堂均不設補課及退款。 ➤ 本會亦因應個別場地的實際情況作出調動。 ➤ 本會有權修訂訓練班之內容。 		

Date	Nov 1, 8, 15, 22, 29 Dec 6, 13, 20 (Tue, Total 8 sessions)	Time	18:30-20:30
Venue	<u>Sha Tin Sports Ground</u>	Age	Born in 2005-2011
Quota	30 (First come first serve)	Fee	HKD \$1120 (Additional \$50 for tee purchase)
Coach	Ms. Wong Chun Wing	Deadline	28 Oct 2022
Application Method	<ol style="list-style-type: none"> 1. Submit online application form (Link). 2. Payment method: <ul style="list-style-type: none"> • Bank cheque: Payable to <u>A.S. Watson Retail (H.K.) Limited</u> Write down applicant's name, course name and contact number at the back. Mail to <u>WAC, 8/F, Watson House, 1-5 Wo Liu Hang Road, Fo Tan, N.T.</u> 3. Confirmation email will be sent after receiving your cheque, please contact us if you have not received one week after the deadline. 		
Enquiry	<p>Tel: 3521 6100 / Fax: 3525 1780 E-mail: wac@aswatson.com Facebook fans page: Watsons Athletic Club</p>		
Remarks	<ul style="list-style-type: none"> ➤ Notes to participant, Arrangement of inclement weather, Arrangement of health risk category, "LeaveHomeSafe" & "Vaccine Pass" regulation, please refer to our website (Link). ➤ You may contact our staff if you have to change the personal information afterwards. Please refer to our website for the privacy policy statement (Link). ➤ Non-refundable once confirmation email sent. ➤ No makeup class and refund will be arranged due to any personal reason, inclement weather or special condition in the city. ➤ We can make adjustment according to the actual situation of the venue. ➤ All rights reserved. 		