

精英少年訓練班 2023

短跑及跳遠班 (1-3 月)

日期	1 月 7, 9, 14, 16, 30 2 月 6, 11, 13, 18, 20, 25, 27 3 月 4, 6, 11, 13, 18, 20, 25, 27 (星期一及六 · 共 20 堂)	時間	(一) 18:30-20:30 (六) 09:00-11:00
地點	<u>馬鞍山運動場</u>	參加年齡	2009-2015 年出生
名額	30 名 (先到先得)	費用	港幣 3200 元 (購買制服另加 50 元) 2 月開始為港幣 2400 元
負責教練	龔鴻健先生	截止日期	2022 年 12 月 30 日
參加辦法	<ol style="list-style-type: none"> 填妥網上報名表格 (連結)。 付款方法： <ul style="list-style-type: none"> 支票：抬頭請寫 A.S. Watson Retail (H.K.) Limited 背面請寫上學員姓名，所報班別及聯絡電話。 寄到沙田火炭禾寮坑路 1-5 號屈臣氏中心 8 樓屈臣氏田徑會 小型信件 (30 克) 郵費已於 22 年 9 月 26 日調整為港幣 2.2 元 本會收到支票後將以電郵方式發送確認通知書，倘若閣下於截止日後一星期內仍未收到電郵通知，請向本會查詢。 		
查詢	電話 3521 6100 / 傳真 3525 1780 電郵 wac@aswatson.com Facebook 專頁 屈臣氏田徑會		
備註	<ul style="list-style-type: none"> ➤ 訓練班學員須知、惡劣天氣安排、健康風險級別安排、政府「安心出行」及「疫苗通行證」規定等，請瀏覽本會網頁 (連結)。 ➤ 在報名確認後，如欲更改或查詢你的個人資料，可與本會職員聯絡。私隱政策聲明，請瀏覽本會網頁 (連結)。 ➤ 確認通知電郵一經發出，不論任何原因，所有報名費用將不獲發還。 ➤ 因個人原因，惡劣天氣或市面特殊情況受影響的課堂均不設補課及退款。 ➤ 本會亦因應個別場地的實際情況作出調動。 ➤ 本會有權修訂訓練班之內容。 		

Elite Junior Training Program 2023 Sprints & Long Jump Class (Jan-Mar)

Date	Jan 7, 9, 14, 16, 30 Feb 6, 11, 13, 18, 20, 25, 27 Mar 4, 6, 11, 13, 18, 20, 25, 27 (Monday and Saturday, Total 20 sessions)	Time	(Monday) 18:30-20:30 (Saturday) 09:00-11:00
Venue	<u>Ma On Shan Sports Ground</u>	Age	Born in 2009-2015
Quota	30 (First come first serve)	Fee	HKD \$3200 (Additional \$50 for tee purchase)
			HKD \$2400 start from Feb
Coach	Mr. Kung Hung Kin	Deadline	30 Dec 2022
Application Method	<ol style="list-style-type: none"> 1. Submit online application form (Link). 2. Payment method: <ul style="list-style-type: none"> • Bank cheque: Payable to <u>A.S. Watson Retail (H.K.) Limited</u> Write down applicant's name, course name and contact number at the back. • Mail to <u>WAC, 8/F, Watson House, 1-5 Wo Liu Hang Road, Fo Tan, N.T.</u> Postage rate of small letter (30g) adjusted to HKD \$2.2 from 26 Sep 2022. 3. Confirmation email will be sent after receiving your cheque, please contact us if you have not received one week after the deadline. 		
Enquiry	<p>Tel: 3521 6100 / Fax: 3525 1780 E-mail: wac@aswatson.com Facebook fans page: Watsons Athletic Club</p>		
Remarks	<ul style="list-style-type: none"> ➤ Notes to participant, Arrangement of inclement weather, Arrangement of health risk category, "LeaveHomeSafe" & "Vaccine Pass" regulation, please refer to our website (Link). ➤ You may contact our staff if you have to change the personal information afterwards. Please refer to our website for the privacy policy statement (Link). ➤ Non-refundable once confirmation email sent. ➤ No makeup class and refund will be arranged due to any personal reason, inclement weather or special condition in the city. ➤ We can make adjustment according to the actual situation of the venue. ➤ All rights reserved. 		