

2026年9月26日比賽時間表
26 SEP 2026 Event Schedule

項目編號 Event Code	比賽時間 Start Time	性別 Gender	組別 Category	項目 Event	備註 Remark	初賽/決賽 Heats/Finals	人數 Pax	開始檢錄 Start of Call	截止檢錄 End of Call
101	08:30	Girls	U16	100m (H1-5)		Heats		08:10	08:20
LJ01.1	08:35	Boys	U14	Long Jump (F1)	Sand Pit A	Finals	30	08:00	08:10
LJ02.1	08:35	Girls	U14	Long Jump (F1)	Sand Pit B	Finals	30	08:00	08:10
SP01	08:45	Girls	U14	Shot Put	3.000kg	Final	15	08:10	08:20
DT01	08:45	Boys	U14	Discus Throw	1.000kg	Final	10	08:10	08:20
101	08:45	Girls	U16	100m (H6-11)		Heats		08:25	08:35
102	09:00	Boys	U16	100m (H1-5)		Heats		08:40	08:50
102	09:15	Boys	U16	100m (H6-10)		Heats		08:55	09:05
102	09:30	Boys	U16	100m (H11-15)		Heats		09:10	09:20
103	09:45	Girls	U18	100m (H1-5)		Heats		09:25	09:35
103	10:00	Girls	U18	100m (H6-8)		Heats		09:40	09:50
104	10:15	Boys	U18	100m (H1-5)		Heats		09:55	10:05
DT02	10:25	Boys	U16	Discus Throw	1.500kg	Final	26	09:50	10:00
104	10:30	Boys	U18	100m (H6-10)		Heats		10:10	10:20
SP02	10:40	Girls	U16	Shot Put	3.000kg	Final	24	10:05	10:15
HJ01	10:45	Girls	U18	High Jump	1.30m	Final	12	10:10	10:20
104	10:45	Boys	U18	100m (H11-14)		Heats		10:25	10:35
105	11:00	Girls	U20	100m (H1-2)		Heats		10:40	10:50
106	11:05	Boys	U20	100m (H1-5)		Heats		10:45	10:55
LJ01.2	11:20	Boys	U14	Long Jump (F2)	Sand Pit A	Finals	29	10:45	10:55
LJ02.2	11:20	Girls	U14	Long Jump (F2)	Sand Pit B	Finals	30	10:45	10:55
106	11:20	Boys	U20	100m (H6-11)		Heats		11:00	11:10
107	11:45	Girls	U12	400m (H1-6)		Heats		11:25	11:35
108	11:55	Boys	U12	400m (H1-5)		Heats		11:35	11:45
109	12:05	Girls	U14	400m (H1-5)		Heats		11:45	11:55
109	12:15	Girls	U14	400m (H6-8)		Heats		11:55	12:05
110	12:20	Boys	U14	400m (H1-6)		Heats		12:00	12:10
111	12:40	Girls	U14	1500m (F1-2)		Finals		12:20	12:30
112	13:00	Boys	U14	1500m (F1-2)		Finals		12:40	12:50
112	13:20	Boys	U14	1500m (F3)		Finals		13:00	13:10
113	13:30	Girls	U16	1500m (F1-2)		Finals		13:10	13:20
DT03	13:50	Boys	U18	Discus Throw	1.500kg	Final	30	13:15	13:25
114	13:50	Boys	U16	1500m (F1-2)		Finals		13:30	13:40
SP03	14:00	Girls	U18	Shot Put	3.000kg	Final	17	13:25	13:35
LJ03.1	14:05	Boys	U10	Long Jump (F1)	Sand Pit A	Finals	27	13:30	13:40
LJ04.1	14:05	Girls	U10	Long Jump (F1)	Sand Pit B	Finals	23	13:30	13:40
HJ02	14:15	Boys	U18	High Jump	1.60m	Final	15	13:40	13:50
114	14:10	Boys	U16	1500m (F3-4)		Finals		13:50	14:00
115	14:30	Girls	U18	1500m (F1-2)		Finals		14:10	14:20
116	14:50	Boys	U18	1500m (F1-2)		Finals		14:30	14:40
116	15:10	Boys	U18	1500m (F3-4)		Finals		14:50	15:00
116	15:30	Boys	U18	1500m (F5)		Finals		15:10	15:20
117	15:30	Girls	U20	1500m (F1)		Finals		15:10	15:20
118	15:50	Boys	U20	1500m (F1-2)		Finals		15:30	15:40
SP04	16:10	Girls	U20	Shot Put	4.000kg	Final	3	15:35	15:45
LJ04.2	16:25	Girls	U10	Long Jump (F2)	Sand Pit B	Finals	22	15:50	16:00
Special 1	16:30	Mixed		AS WATSON GROUP 185th Anniversary 185m Open Challenge		Finals		16:10	16:20
LJ03.2	16:35	Boys	U10	Long Jump (F2)	Sand Pit A	Finals	26	16:00	16:10
DT04	16:35	Boys	U20	Discus Throw	1.750kg	Final	13	16:00	16:10
119	16:55	Girls	U16	100m (F1-3)		Finals		16:35	16:45
120	16:55	Boys	U16	100m (F1-3)		Finals		16:35	16:45
121	17:10	Girls	U18	100m (F1-3)		Finals		16:50	17:00
122	17:10	Boys	U18	100m (F1-3)		Finals		16:50	17:00
123	17:25	Girls	U20	100m		Final		17:05	17:15
124	17:25	Boys	U20	100m (F1-3)		Finals		17:05	17:15

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125	17:50	Girls	U12	400m (F1-2)		Finals		17:30	17:40
126	17:50	Boys	U12	400m (F1-2)		Finals		17:30	17:40
127	18:00	Girls	U14	400m (F1-2)		Finals		17:40	17:50
128	18:00	Boys	U14	400m (F1-2)		Finals		17:40	17:50
129	18:10	Girls	U20	5000m		Final		17:50	18:00
130	18:35	Boys	U20	5000m		Final		18:15	18:25

直入決賽 Straight to final events: N/A

取消項目 Cancellation of events: N/A

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